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# **The Servant Leadership School**

**OF GREENSBORO**

**Leading • Living • Loving**

*from a deeper center within*

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“I have come that you might have life,  
and have it to the full. ”

— *John 10:10*

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**Fall 2018 OFFERINGS**

[www.servantleadergreensboro.com](http://www.servantleadergreensboro.com)



## ABOUT THE SCHOOL

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“An amazing experience in spirituality,  
vulnerability and authenticity.”

— **SL3 student, Fall 2017**

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For over 25 years, thousands of people have had their lives impacted and transformed through our classes, workshops, and experiences rooted in the Christian Wisdom tradition.

We provide a fresh and powerful articulation of the heart of Christian spirituality. We outline a solid intellectual framework with roots in Scripture as well as in some of the latest discoveries in physics, neuroscience, and psychology. More importantly, we uncover the intelligence of the heart and body as well. This tri-centered wisdom of activating the intelligence of the body, heart, and mind create space for a shift to occur—a shift to live more freely and fully by opening to God’s Presence within us and between us. We provide a toolbox of practical spiritual practices that facilitate this unfolding. These practices create space in our lives to genuinely experience what Jesus described as fullness of life.

As we like to say in our work, “there is no great outer work without great inner work.” As we engage our bodies, hearts and minds in new ways of being with God and one another, we become empowered to reflect God’s dream for a world ignited by love, justice and peace.

# COURSE SCHEDULE

Registration information for classes on inside of back cover

| <b>MONDAYS</b>   | <b>PAGE</b> |
|--|-------------|
| Sacred Activism: Being Present to Children in Poverty .....    | 7           |
| 4-6 p.m., Sept. 24, Oct. 29, and Nov. 26                       |             |
| Writing from the Heart .....                                   | 7           |
| 6-8 p.m., Sept. 24 - Oct. 29 (6 weeks)                         |             |
| Waking up White .....  | 9           |
| 4-5:30 p.m., Mondays in October (5 weeks)                      |             |
| <b>TUESDAYS</b>  |             |
| Prayerful Yoga .....   | 9           |
| 9:30-11 a.m., Sept. 18 - Nov. 13 (8 weeks; no class on Oct. 9) |             |
| SL 1: Inward Journey of Faith .....                            | 6           |
| 6-8 p.m., Sept. 25 - Nov. 13 (8 weeks)                         |             |
| SL 3: Deep Healing .....                                       | 6-7         |
| 6-8 p.m., Sept. 25 - Dec. 4 (no classes Thanksgiving week)     |             |
| <b>WEDNESDAYS</b>  |             |
| Mutual Awakening .....   | 10          |
| 10-11:30 a.m., Sept. 26 - Oct. 31 (6 weeks)                    |             |
| Contemplative Prayer .....                                     | 10          |
| 12-12:30 p.m., Sept. 26 - Dec. 12 (no class Thanksgiving week) |             |
| <b>THURSDAYS</b>   |             |
| SL 1: Inward Journey of Faith .....                            | 6           |
| 10 a.m.-Noon, Sept. 27 - Nov. 15 (8 weeks)                     |             |
| SL 3: Deep Healing .....                                       | 6           |
| 10 a.m.-Noon, Sept. 27 - Dec. 6 (no classes Thanksgiving week) |             |
| <b>SATURDAYS</b>   |             |
| Self-Compassion .....  | 11          |
| 9 a.m.-1 p.m., Sept. 29  |             |
| Introduction to the Enneagram .....                            | 11          |
| 10 a.m.-1 p.m., Oct. 20  |             |
| Breath as a Pathway to Presence .....                          | 12          |
| 10 a.m.-1 p.m., Nov. 10  |             |

# OUR CURRICULUM

Our core curriculum begins in the Fall and follows a sequence of four classes spread out over two years. With the start of this term, our core classes all have new names. This was done to help clarify the flow and intent of these classes. *SL1: The Inward Journey of Faith* is a prerequisite that is required in order to take any of our other core classes. Beyond that, core classes may be taken in any order, however we recommend moving through the program in the following sequence:

## YEAR 1

Fall Term – *SL1: The Inward Journey of Faith* (previously *Putting on the Mind of Christ*)

Winter/Spring Term – *SL2: Practicing Presence* (previously *Communion/Compassion*)

## YEAR 2

Fall Term – *SL3: Deep Healing* (previously *The Divine Therapy*)

Winter/Spring Term – *SL4: The Outward Journey of Service* (previously *Call: Co-Creation and the Commitment to Sacred Service*)



“This is one of the best things that has ever happened to me. I wish I had taken this class 20 or 30 years ago. To learn about my Enneagram type and delve deeply into what it will take for me to be grounded and high functioning gives me hope.”

— Lisa Lewis, SL3 student, Fall 2017

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If you are a returning student and have a question about what core class to register for, please contact us prior to registering. We welcome any past student to re-take any core class at a 50% discount.

In addition to our core curriculum, we offer a number of “companion” classes that offer ongoing support for the inward journey of faith and self-awareness, and the outward journey of service and community engagement. These companion classes are open to anyone and may be taken alone or in addition to a core class. Spiritual practices are woven into all of our classes to help sustain us in this work.



# CORE CLASSES

## **SL1: THE INWARD JOURNEY OF FAITH**

*Led by the Rev. Gregory Farrand*

Tuesdays 6-8 p.m., September 25 – November 13 (8 weeks) or

Thursdays 10 a.m.-Noon, September 27 – November 15 (8 weeks)



This class invites us to experience what Jesus described as a life of fullness and meaning. We will explore how the lenses and paradigms that we inherit from our culture and upbringing keep us stuck. A fresh, nuanced understanding

of Christian spirituality helps us understand the paradigm shift that Jesus proclaimed: from a model of empire and domination to the Kingdom of God. Jesus' ancient teachings along with the contemporary shift currently unfolding in science and cosmology, offer us a new paradigm that provides a map for our journey to a life lived fully and freely.

We know that we can't live into a paradigm shift with intellectual knowledge alone, so this course also comes with an extensive toolbox of practices. The practice-oriented path of Christian spirituality will help you blend the inward journey of personal transformation with the outward journey of service in the world.

## **SL3: DEEP HEALING**

*Led by Summer Estes, MA, NCC, LPC*

Tuesdays 6-8 p.m., September 25 – December 4 (10 weeks; no classes Thanksgiving week) or

Thursdays 10 a.m.-Noon, September 27 – December 6 (10 weeks; no classes Thanksgiving week)

This class focuses on deepening our inner journey of personal awakening, so that we can be more whole and integrated people in our outer work of fulfilling God's desire for a transformed world. We take a deeper dive into some of the practices learned in the first year of the core classes and introduce new practices and experiences that awaken our heart's true

desires. By creating a safe community of compassion, we practice welcoming and holding space for those braced and unintegrated tensions we hold within our body. Our time together includes short breath work practices in most classes as well as one full Healing Breath session, continued work with the Enneagram, shadow work, self-compassion practices and a variety of small group exercises.

Our desire for this class is to give you opportunities and practices to experience a more authentic and integrated self with the hope that you are led to live a more compassionate life towards self and neighbor. In creating safe space to embrace the orphaned parts within, we free ourselves and experience the tenderness that is there welcoming us home.

## COMPANION CLASSES

### **SACRED ACTIVISM:**

#### **BEING PRESENT TO CHILDREN IN POVERTY**

*Led by Ruth D. Anderson, Ph.D.*

Mondays 4-6 p.m., September 24, October 29, and November 26

For 12 years, a small group of people have been working together to support and be with children living in poverty. We tutor the children Tuesday and Thursday afternoons at Partnership Village, a local transitional housing community. On the last Monday of most months during the school year, we gather to pray and reflect on our work together. *No fee, but if you are interested in attending one or more of these Monday gatherings, please register.*

### **WRITING FROM THE HEART**

*Led by Steve Cushman, MFA*

Mondays 6-8 p.m., September 24 - October 29 (6 weeks)



This expressive writing workshop will provide you with the opportunity to write about what matters most to you. In a small group setting, we will engage in structured writing

exercises and read and discuss writing that deals with matters of the heart and spirit. We will look at ways of generating ideas about your unique experiences and then sharing those ideas in a comfortable environment. Previous experience or comfort with writing is not necessary.

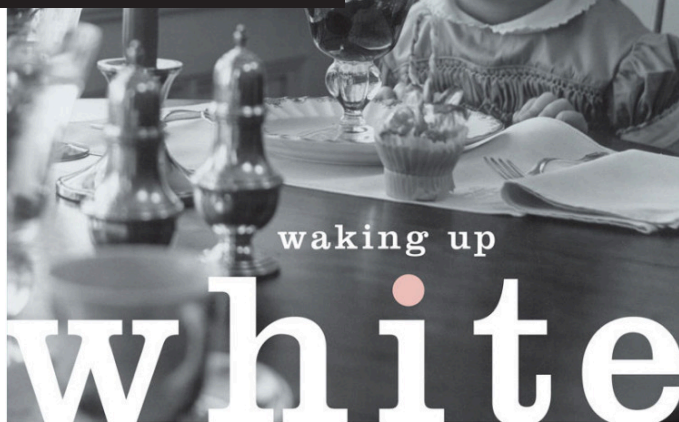
stop calling people out.



start calling people in.

a community conversation with Debby Irving, author of  
*Waking Up White*, September 17, 7:30 pm  
First Presbyterian Church, Greensboro

irving



waking up

white

AND FINDING MYSELF IN THE STORY OF RACE

As presenting partners for this event, we believe the values people share are more important than the shades of our skin:

First Presbyterian Church of Greensboro, Cone Health,  
Guilford County Schools, Other Voices of Greensboro  
Chamber of Commerce, Canterbury School, Greensboro Day School,  
Guilford Park Presbyterian, Holy Trinity Episcopal, NCCJ,  
First Presbyterian-Burlington, Oak Ridge Presbyterian,  
Onward Greensboro, St. Matthews United Methodist,  
Salem Presbytery, Sedgefield  
Presbyterian, Servant Leadership School,  
Starmount Presbyterian, West Market Street UMC,  
Westminster Presbyterian

## WAKING UP WHITE

*Led by Allison Spooner, M.Ed.*

Mondays in October, 4-5:30 p.m. (5 weeks)

We often assume that racism is a thing of the past, yet we see racial tension and the effects of racism still alive in our country. In this course, we will learn about our own racial identities, confront our biases, and discuss complex issues related to race. We will collectively acknowledge and grieve the deep stain that white superiority has marked on our country in order to take steps towards healing and racial justice.

**This is a companion class for the Debby Irving event at First Presbyterian Church in September (see flier on page 8, opposite), though anyone is welcome to join us.** Local activist Rachel Hester will be a guest contributor. We will use Irving's book *Waking Up White* as one of our resources to guide our discussions. Please purchase a copy of the book prior to coming to class. The Sacred Garden Bookstore will have the book available for 20% off for class participants.

*[The] widespread phenomenon of white people wanting to guard themselves against appearing stupid, racist, or radical has resulted in an epidemic of silence from people who care deeply about justice and love for their fellow human beings.*

– Debby Irving, *Waking Up White*

## PRAYERFUL YOGA

*Led by by Linda Hiatt, 200-hour Registered Yoga Teacher*

Tuesdays 9:30-11 a.m., September 18 - November 13 (8 weeks; no class on October 9)

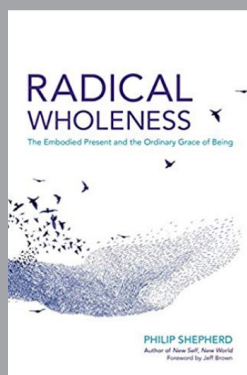


Prayerful Yoga meets our bodies, minds and spirits right where they are and encourages us on the journey towards balance and equanimity in all aspects of our

being. The meditation and mindful releasing, opening and movement of Prayerful Yoga is suitable for all body types and levels of experience (including no prior yoga experience). Please bring a mat/towel and a light blanket.

**UPCOMING EVENT —  
SAVE THE DATE**

**Philip Shepherd, author of *Radical Wholeness* will join us in the Spring of 2019. Join us for a free community conversation on Thursday, May 2 and/or register for a workshop with him on Friday and Saturday, May 3-4.**



**MUTUAL AWAKENING**

*Led by Donna Rodriguez*

Wednesdays 10-11:30 a.m., September 26 - October 31 (6 weeks)

As Buddhist monk and peace activist, Thich Nhat Hanh, puts it, “We are here to awaken from the illusion of our separateness.” Mutual Awakening is a partner meditation developed by Patricia Albere, founder of the Evolutionary Collective. In this class, Evolutionary Collective teacher Donna Rodriguez will share this transformative practice that helps you see your personal development in a much larger, Divine and cosmic context. Together, we will learn to move our focus of consciousness from self, to other, to we, with ease and fluidity. When two or more people come together, center to center, and become sensitively aware of the space between them, a powerful opening occurs in consciousness. We do this practice with eyes wide open, speaking with our partner. Imagine... spiritual connectedness, while remaining fully engaged with each other and the world. (No need to register with a partner. We will be partnering with others in the class.)

**CONTEMPLATIVE PRAYER**

*Led by Dr. Ruth D. Anderson, Ph.D.*

Wednesdays 12-12:30 p.m., September 26 - December 12 (11 weeks;  
no class Thanksgiving week)

We begin our time by taking three deep, intentional breaths and then enter the silence together for 20 minutes. At the end of the 20 minutes, we share any concerns and celebrations for a few moments to carry with us during our week. You are welcome to drop in or come and join this special group for the term. *No fee, but please register.*

# SATURDAY WORKSHOPS

## SELF-COMPASSION

*Led by Ruth Wiley and Ashley McCarthy, psychotherapists*

Saturday, September 29, 9 a.m.-1 p.m.

You are invited to join us on a journey into self-compassion. In this workshop, we will explore the importance of self-compassion in living a vibrant life, including the connection and communication between body and mind. Participants will learn theological foundations as well as develop body-based mindfulness practices and discover the marvel of the brain's neuroplasticity as it relates to these practices. This workshop teaches self-compassion as a path to cultivating more fulfilling and nourishing ways of living, fostering deep movement into who we are created to be. Come and interactively participate in your own spiritual formation as we share what we are learning and practicing in our own journeys toward rooted self-compassion.

## INTRODUCTION TO THE ENNEAGRAM

*\*free for all SL1 and SL3 students!*

*Led by Marjorie Donnelly, M.Ed. and certified Enneagram teacher*

Saturday, October 20, 10 a.m.-1 p.m.

The Enneagram is a unique model of understanding human behavior that is based in ancient wisdom and informed by contemporary psychology. It identifies nine personality types as different ways of understanding and responding to the world, thus offering a path for deeper self-awareness and greater love of self and others. We will explore the three “centers of intelligence” and the nine expressions of personality found within them. This workshop will be helpful for those who are new to the Enneagram, as well as those who have already been introduced to it but want to expand their understanding. Knowledge of your Type is not necessary, but if you would like to begin the process of discovering it, you can take the online test available at [www.enneagraminstitute.com](http://www.enneagraminstitute.com).

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“ Give us the grace, O God, to  
dare to do the deed which  
we well know cries to be done. ”

— W.E.B. DuBois

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**BREATH AS A PATHWAY TO PRESENCE:  
AN INTRODUCTORY WORKSHOP TO HEALING BREATH**

*Led by Summer Estes, MA, NCC, LPC and the Rev. Gregory Farrand*

Saturday, November 10, 10 a.m.-1 p.m.

This experiential workshop is designed to introduce both new and experienced participants to a powerful modality called Healing Breath. The ancients have long observed the power within one's breath to create healing and transformation in one's life. Science shows how a consistent conscious connected breathing practice lowers stress, helps decrease depression and anxiety, and increases our heart rate variability. Over the years, The Servant Leadership School of Greensboro has been working with different breath modalities. Pulling from these breath practices, we are excited to introduce participants to a unique modality we have crafted. We will create a safe space for participants to experience the physical, emotional, and spiritual benefits of breath work. We believe conscious connected breathing is a beautiful tool that opens us to our three centers of intelligence (body, heart, and mind) and helps us to unbrace long held tensions in the body. Conscious connected breathing practices are an ancient path for creating fertile ground from which the wisdom of our heart can arise. This half-day workshop is limited to 14 participants.





# THE LABYRINTH

## **LABYRINTH KEEPERS**

*Coordinator: Libby Haile*

Location: Smythe Library, Holy Trinity Episcopal Church

First Monday of each month, 4:30–5:30 p.m.

The Labyrinth Keepers are an ecumenical group dedicated to providing education and opportunities for people to experience transformation through walking the labyrinth. We plan walks, advertise, train, and provide facilitators for a variety of community-wide labyrinth offerings. We welcome new members. Contact Libby Haile at [hailemartin@aol.com](mailto:hailemartin@aol.com) to support and join the ministry of the labyrinth.

## **FALL EQUINOX WALK – CELEBRATING PILGRIMS WITH LIVE MUSIC BY DAVID HORTH, PLAYING NATIVE AMERICAN FLUTE, GUITAR, DIDGERIDOO, AND OTHER INSTRUMENTS**

Sunday, September 23, 4–5:30 p.m.

Celebrate the arrival of fall and our Holy Trinity pilgrims by walking Holy Trinity's outdoor labyrinth. All pilgrims are invited to participate! There will be a brief blessing and introduction to the labyrinth at 4 p.m.

followed by a time of uninterrupted walking. Come at your convenience, but please plan to enter the labyrinth no later than 5 p.m. to allow time to walk before the music concludes at 5:30 p.m. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

## **ALL SAINTS' LABYRINTH WALK WITH MUSIC BY MAC NELSON, PLAYING CLASSICAL GUITAR**

Sunday, November 4, 4-5:30 p.m.

All Saints Day is the time in the liturgical year when we pause to celebrate the lives of those saints who have gone before us. Walk in a community of friends on Holy Trinity's outdoor labyrinth, located in the center of the columbarium garden, which provides the perfect setting for this late afternoon walk accompanied by live music. Please enter the labyrinth no later than 5 p.m. to allow time to walk before the music concludes at 5:30 p.m. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

## **LABYRINTH WALK FOLLOWING THE MEMORIAL SERVICE**

Sunday, December 16; Service at 2:30 p.m. with labyrinth walk immediately following

The annual service to remember and celebrate the lives of those who have joined the glorious company of the saints in light during 2018 will take place in Holy Trinity's All Saints Chapel at 2:30 p.m. Immediately following this service, there will be a labyrinth walk on the outdoor labyrinth, which will provide a time of private reflection and walking meditation. This is a time to honor those you love whom you have lost this past year with the gift of your prayerful walking meditation. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

# HEALING GROUND

Healing Ground is available to individuals for unstructured time away from the rigors of everyday routine. We encourage you to consider the benefits of true Sabbath time. Our environs and facilities are perfect for reading, writing, praying, reflecting or just being. A suggested day retreat is \$25 per person. Visit our website [www.healingground.org](http://www.healingground.org) to register for any of these classes and to learn more about Healing Ground.



## **FIRST FRIDAYS IN THE QUIET GARDEN**

*Convened by Pat Bailey, Dee Irwin and Healing Ground volunteers.*

Join us any first Friday, 10 a.m.–3 p.m.

Healing Ground is part of an international Quiet Garden movement ([www.quietgarden.org](http://www.quietgarden.org)). Join us at the beginning of the month as we take time to slow the pace and enjoy a quiet place to pause and let our bodies and minds rest and our hearts awaken. Beverages provided; please bring a bag lunch or something to share. Suggested donation: \$20.

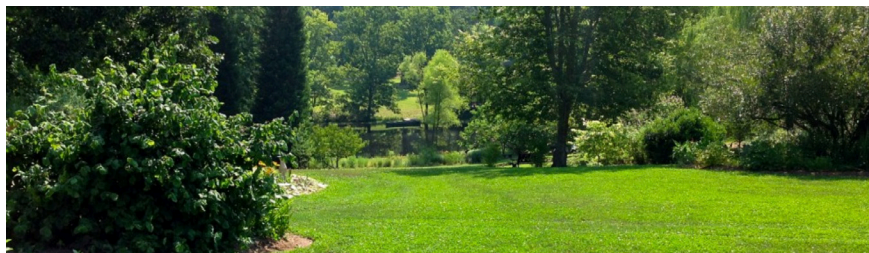
## **QUIET SECOND FRIDAYS IN THE GARDEN**

*Convened by Jace Ralls. He may be contacted at (336)706-3548 with questions or concerns. No reservations are needed.*

Join folks from Christ United Methodist Church on Second Fridays from 9:45 a.m. – 2 p.m. Bring your bag lunch and beverage. Coffee and tea provided. Free will offering.

We welcome anyone who is in need of a quiet time for rest, prayer, meditation and/or reflection.





## **ON THE PATH OF CREATIVITY: EXPRESSIVE ARTS IN NATURE**

Six class series (1st and 3rd Thursday of the month) 10 a.m.-Noon

September 6 & 20, October 4 & 18, and November 1 & 15

Suggested offering: \$120

In these classes we use multi senses to explore the inner and outer world through the process of making art in different modalities and forms. Connecting to nature and combining meditation practice with the arts, we create in the sacred space of silence, followed by sharing our experiences of the process as the group listens as a witness in a safe and supportive environment. A participant from a past workshop said: “Working this way in community with the arts opened me to my creative soul.”

*Facilitated by Betsy Bevan, a gifted artisan in multiple mediums and a natural teacher who allows the process to unfold in an easy rhythm that allows you to connect with others through art and meditation.*

## **LIVING FROM THE HEART IN SACREDNESS: A WISDOM-SHARING OF INDIGENOUS MEDICINE**

*Weekend of September 8 & 9 from 9:30 a.m.-4:30 P.M. both days*

*Suggested Offering: \$225 (Deposit of \$100 to reserve your spot is strongly encouraged.)*

Like many of the ancient ones who have walked before us on this earth, the indigenous wisdom-keepers of Peru practice a way of life lived in sacred relationship with all things. They deeply understood that it is through the heart that we are interconnected to all things in the web of life through “munay,” universal love, and that we are as One Heart.

In these present times, the world we live in and our beloved planet so needs its people to live once again in sacred relationship, and to awaken our inherent interconnectedness with each other, and to all living things. It is through truly opening our perceptions and our hearts to the natural world that we begin to restore and heal our own nature.

This workshop will focus on sacred practices and ritual ceremony that relate to each of the four elements of nature — earth, air, water, fire — and their elemental medicine in helping us achieve balance and transformation in our lives.

*Facilitated by Pat Cockrell, Shamanic Energy Medicine Practitioner and owner of Sacred Quests LLC. Pat has traveled and studied extensively in Peru, where she has been initiated by the native Q'ero paqos and shamans. For her full biography and description of the workshop, please visit our website.*

To register and for more information, please email Pat at [patcockrell@yahoo.com](mailto:patcockrell@yahoo.com).

## **SOULCOLLAGE®**

SoulCollage® is a creative process that taps into the transformative power of images, intuition, imagination, and synchronicity. Using found images, we create cards that help us connect with our innate wisdom. This process becomes a source of comfort and guidance as we deepen our practice of this unique image-making method.

Four Saturday sessions will each have a different theme:

### **INTRODUCTION TO SOUL COLLAGE®: FINDING MY SOUL'S VOICE**

Saturday, September 15, 1-5 p.m.

Suggested donation: \$60 (includes a kit of workshop materials to continue the collage practice and use in future workshops).

For those new to the practice of Soul Collage®: we learn to recognize the many facets of the self. The making of visual images for these different inner voices becomes a source of insight for our life path.



### **THE COMMUNITY SUIT: GATHERING MY VILLAGE**

Saturday, October 13, 1-5 p.m.

Suggested Donation: \$45

We will focus on cards to recognize and honor those in our lives who inform and support our journey. This recognition of our nurturing relationships becomes a source of gratitude.

## **THE COUNCIL SUIT: HEARING THE UNIVERSAL CALL**

Saturday, November 10, 1-5 p.m.

Suggested Donation: \$45

Archetypes are metaphorical images and symbols commonly encountered across cultures and time. Therefore these metaphors also touch common ground in our collective consciousness. This workshop will explore archetypal images through the Soul Collage process.

## **GRATITUDE AND REFLECTION: CONTEMPLATING THE ONE AND THE MANY THROUGH TRANSPERSONAL CARDS**

Saturday, December 1, 1-5 p.m.

Suggested Donation \$45

Advent provides a time to reflect on the mystery of the Divine through images. We will create the three cards that help connect us to this mystery: the Source that allows our Soul Essence to have expression in the world. We will also give image to the Witness aspect of Spirit that brings awareness of our true nature.

*Led by Vicki Longhofer Copeland, an artist and educator who loves to facilitate contemplative art practices as a mode of self-discovery. She has explored the intersection of creativity and spirituality through group work with mandalas and labyrinths over the past eighteen years. Vicki has completed SoulCollage® Facilitator training and is a certified Veriditas Labyrinth facilitator.*

## **WISDOM CIRCLES: RESPONDING TO CHANGE**

Wednesdays, September 12-November 14, 9:30 a.m.-Noon or

Thursdays, September 13-November 15, 1-3:30 p.m.

Suggested donation: \$45

We have plenty to ponder and discuss as we explore how our lives are shifting in the midst of the difficult times we are all experiencing and what it means for being in relationship with ourselves, our community, our world, the cosmos. The group will use Pema Chodran's *When Things Fall Apart* and Parker Palmer's *On the Brink of Everything: Grace, Gravity, and Getting Old* as primary sources. Other readings will evolve from the group's discussion. Class will start with a guided meditation and check-in followed by a discussion and close with a check-out.

*Rotating leadership will come from the group as Dee Irwin is on sabbatical this year.*

## **MEN'S RETREAT: CREATING A SPIRITUAL ACTION PLAN TO GET US ACROSS THE GOAL LINE!**

Saturday, October 6, 1-6 p.m.

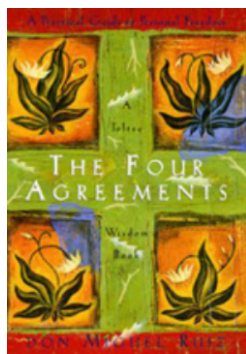
Suggested donation: \$75 and includes dinner



It will be a day filled with practices to engage our minds, bodies and spirits. Jacqueline will introduce the Duke Integrative Model for setting goals and creating change and then let the men explore issues of men's spirituality with Keith. The retreat will end with a meal and a bonfire.

*Co-facilitated by: Jacqueline Messick, a Duke trained Integrative Health Coach who holds a master's in Pastoral Studies from Loyola University. (She will leave the men to their work after her session.)*

*Keith Larkin created gardens for over 30 years and is now focusing on bringing people together and looking at what we have in common. He enjoys the stories of finding God's messages in everyday events and the challenges and joys of raising three teenage children.*



### **THE FOUR AGREEMENTS**

Thursday, October 25 from 7-9:30 p.m.; Friday, October 26 from 9:30 a.m.-5 p.m.; and Saturday, October 27 from 9:30 a.m.-12:30 p.m.

Suggested offering: \$125 or \$200 a couple.

A workshop based on Don Miguel Ruiz's *The Four Agreements*: Be impeccable with your word; don't take anything personally; don't make assumptions; always do your best. While they seem clear enough as practices, the human ego has

very devious ways of complicating the issues. In an interactive way, this workshop will explore the complications to enable further simplification in our own lives.

*Facilitated by: Kevin Haggerty, M.S. in counseling psychology, has been leading human potential workshops for more than 30 years. Kevin's life goal is to help people understand that their purpose in life is to live in joy through self-awareness and to share that happiness with their families, friends, and community. For further information, call Kevin at (336) 509-5777.*

# SACRED GARDEN BOOKSTORE

*Wi-Fi Available!*

215 W. Fisher Avenue  
Greensboro, NC  
336-544-1225  
[bookstore@holy-trinity.com](mailto:bookstore@holy-trinity.com)

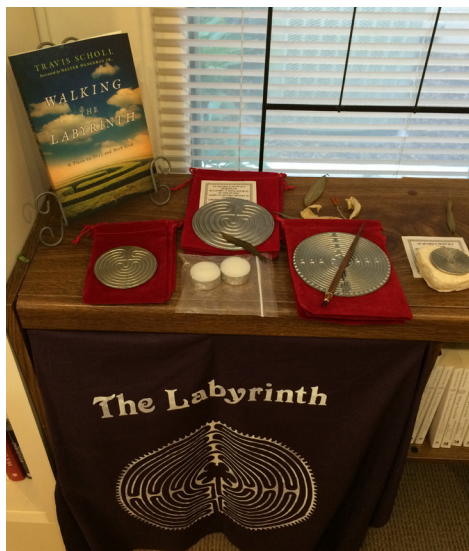
## Hours:

Tues.–Thurs., 10 a.m.–5:30 p.m.  
Friday, 10 a.m.–3 p.m.  
Sunday, 10–11 a.m.

The Sacred Garden Bookstore is an ecumenical, sacred space open to everyone for conversation and connection, or for quiet reading and contemplation. The bookstore is an integral partner with the Servant Leadership School, handling course registrations and providing textbooks for all classes.



In addition, the store offers a variety of other books, gifts, and resources to support servant leadership and spiritual practices through the inward journey of faith and the outward journey of service.



- DEVOTIONALS
- ENNEAGRAM
- SPIRITUAL PRACTICE
  - JOURNALS
  - LABYRINTH
  - ECOLOGY

- GRIEF
- ACTIVISM
- CHILDREN & YOUTH
- CELTIC SPIRITUALITY



- BIBLES
- GIFTS
- ART
- CARDS

# REGISTRATION INFO

## **COURSE LOCATIONS:**

Unless noted, classes will meet on the campus of Holy Trinity Episcopal Church, located at 607 N. Greene St., Greensboro, NC 27401. Registered students will receive a confirmation email prior to the start of their class with more specific location information and other details. The Servant Leadership School offices are located at 215 W. Fisher Ave., Greensboro, NC 27401.

Questions? Call us at (336) 544-1225 or email Ruth Anderson, Director, at [rdanderson@triad.rr.com](mailto:rdanderson@triad.rr.com).

## **TUITION & FEES:**

We rely on course fees, as well as the generosity of donors, to cover our basic operating costs. However, we make a conscientious effort to extend our offerings to anyone regardless of their economic situation. If you are able to pay more than the recommended fee, it will help to provide a scholarship for someone else.

## **TO REGISTER:**

- **In Person:** Come by the Sacred Garden Bookstore during normal business hours (see page 20), where you can enroll in your courses and pay by cash, check, or credit card. You can also go ahead and purchase your course books while you are there!
- **By Phone:** Call (336) 544-1225 to register and pay with a credit card.
- **By Mail:** Complete the form on the next page, tear it off, and mail it in with your check made payable to: The Servant Leadership School, 215 W. Fisher Ave., Greensboro, NC 27401.
- **Online:** Visit [www.servantleadergreensboro.com](http://www.servantleadergreensboro.com) to enroll in courses using our online form. After enrolling, you will need to pay tuition fees using one of the methods listed above.

To register for classes and retreats at Healing Ground, please visit their website at [www.healingground.org](http://www.healingground.org) or call (336) 644-0076.

# FALL 2018 REGISTRATION

## SERVANT LEADERSHIP SCHOOL OF GREENSBORO

(336) 544-1225 • WWW.SERVANTLEADERGREENSBORO.COM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: State: Zip: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ Email: \_\_\_\_\_

Are you on our mailing list? \_\_\_\_ Yes \_\_\_\_ No, please add me

Does your contact info need correcting or updating? \_\_\_\_ Yes \_\_\_\_ No

### FALL 2018 COURSES

### TUITION

#### Core Classes

[ ] SL1: The Inward Journey of Faith \$180

Choose One: Tues.\_\_\_\_ Thur.\_\_\_\_

[ ] SL1: The Inward Journey of Faith (50% discount for students who have taken SL1 before)

Choose One: Tues.\_\_\_\_ Thur.\_\_\_\_ \$90

[ ] SL3: Deep Healing Choose One: Tues.\_\_\_\_ Thur.\_\_\_\_ \$180

[ ] SL3: Deep Healing (50% discount for students who have taken SL2 before)

Choose One: Tues.\_\_\_\_ Thur.\_\_\_\_ \$90

#### Companion Classes

[ ] Sacred Activism: Being Present to Children in Poverty

No fee, but please register

[ ] Writing from the Heart \$80

[ ] Waking Up White \$35

[ ] Prayerful Yoga \$100

[ ] Mutual Awakening \$80

[ ] Contemplative Prayer No fee, but please register

#### Workshops

[ ] Self-Compassion \$50

[ ] Introduction to the Enneagram \$75

[ ] Introduction to the Enneagram (for SL1 and SL3 registered students) No fee, but please register

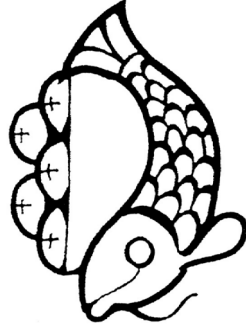
[ ] Breath as a Pathway to Presence \$50

**Total Enclosed \$** \_\_\_\_\_

The Servant Leadership School of Greensboro  
215 West Fisher Avenue  
Greensboro, North Carolina 27401  
*on the campus of Holy Trinity Episcopal Church*

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# The Servant Leadership School OF GREENSBORO



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