



PARISH POST

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HOLY TRINITY RENOVATION AND CONSTRUCTION UPDATE

BY TERRI L. CARTNER, JUNIOR WARDEN

What an exciting time to be at Holy Trinity! I am delighted to bring you information and an update on the Parish's renovation and construction project. After a competitive bidding process last fall between 4 pre-qualified construction companies, Holy Trinity entered into a contract with the lowest bidder, I.L. Long Construction Company from Winston-Salem, North Carolina. On January 17, the contractor was given the official notice to proceed on the project.

Generally, the work and construction timeline is divided into the following four phases:

Phase I February 19 – April 30

The start of the project includes the demolition of the existing paved parking area behind the Fisher House (Sacred Garden Bookstore) and Fisher House Annex (Café), the installation of new underground storm drainage systems and other infrastructure, new concrete curb and gutter, and new

asphalt parking. Upon completion, we expect to gain 4 new parking spaces bringing our existing inventory to 29 parking spaces in this phase.



Demolition of the parking area behind the Fisher House

Phase II May 1 – August 28

As the project moves into the second phase of work, there will be additional site work at the existing gravel parking lot and former community garden locations. As in Phase I, the project will provide for the installation of underground storm drainage systems, utilities, new concrete curb and gutter, and new asphalt parking. We expect to add 18 new parking spaces to the existing 25 spaces currently in the area. Additionally, we will start to see construction of a new heavy-timber

covered terrace with a fireplace which will be adjacent to and accessible from the Haywood Duke Room.

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RENOVATION AND CONSTRUCTION UPDATE

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This new terrace will be an outstanding space to increase 3-season uses for the Parish House, as well as providing an exciting new area for church programs.

The Youth Building will receive a much-needed new roof, and the Music School Building will become fully sprinklered.

The final portion of this phase will see the start of construction on a slate and heavy-timber covered entrance into the main church, as well as upgrades to the front steps, railings, lighting, and the widening of the sidewalk under the existing covered walkway to the Parish House.

Phase III May 21 – August 24

During the 4th week in May, the Parish House will be vacated, including the Day School. The focus of this phase of work will be a complete renovation of the interior spaces. There will be a total transformation of the Entry Foyer, Roe Library, and Haywood Duke Room where you'll see new ceilings, lighting, windows, flooring, wall finishes, furnishings, and audio & visual upgrades. After completion, the Haywood Duke Room will be connected to the new covered Terrace by three sets of double doors providing ease of access and connectivity to the outdoor space.



Demolition of residential buildings on campus



Laying new concrete curbs in parking lot



Planning for Phase II

The existing restrooms on the first floor will be reconfigured and will receive new fixtures, partitions, and floor, wall, and ceiling finishes.

A new family friendly restroom will be added to the first floor near the Nursery. On both the first and second floors, the Day School will also receive new ceilings, lighting, flooring, wall finishes, casework, replacement of some of the older windows, and new hardware for windows that will remain. Existing restrooms on the second floor will be completely renovated and a new restroom will be added into one of the classrooms.

Finally, the entire Parish House and Music School Building will receive new fire protection systems, including sprinklers.

Phase IV August 29 – October 19

The final phase of work will happen outside as the summer comes to an end. Many areas of campus will get new landscaping beds and plant material, final project details will be completed, and the contractor will be finishing last minute touch ups.

In addition to the major work of the renovation and construction project, the church will also be catching up on many deferred maintenance items. Keep your eyes open for refreshes and sprucing up here and there around campus.

As you can imagine, any type of construction work is challenging, and most especially so in a facility as heavily used as Holy Trinity. We'll do our best to keep everyone updated as the project continues and we ask for everyone's patience as we go through the spring, summer and fall. In the end, Holy Trinity will have beautifully updated and new spaces. I hope you'll enjoy watching the progress. Please don't hesitate to let me know if you have questions or would like additional information. ☺



Moving chiller to clear the way for work to begin in Phase II on the covered terrace adjacent to the Haywood Duke Room



Completed concrete curbs framing the new parking lot



HOLY TRINITY PILGRIMS: STORIES FROM BARCELONA

BY BILL DRAKE, BARCELONA & SCOTLAND PILGRIM

Excerpt from Pilgrimage Presentation on January 7, 2018

My name is Bill Drake and in 2017 I officially became a Pilgrim. I hope to share with you today what I have learned about being a pilgrim through these remarkable trips that Holy Trinity (HT) is planning. However, my true pilgrimage journey at HT began as Ellen and I became members 35 years ago. HT is the later part of my life as a cradle Episcopalian and PK, (preacher's kid).

I think the PK part was why Greg allowed me to be his

roomie on the pilgrimage trips in Scotland and Barcelona. As Greg mentioned in one of his pilgrimage sermons that when you sign up to room with a virtual stranger you just have to accept whatever fate that comes your way. Greg, thanks for being such a terrific roomie and thank you to your permanent roomie, Beth, for allowing me to have such a great roommate on these trips. This was my first pilgrim's moment, trusting that my roomie would work out ok. After all, there was a lot of pressure rooming with one of the magnificent AssociateRectors at HT.

My second pilgrim's moment was the entire journey of walking the Way of St. Cuthbert, beginning in Scotland, walking what I say was close to 95 miles and closing on the Holy Island of Lindisfarne and St. Cuthbert's Island. I mention the entire journey because the journey truly began in the weekly practice hikes and cold beverages after. Friendships were nurtured and formed, bringing together a community of pilgrims and forming them into a unified team. But more about this subject later.

While walking, a pilgrim's moment occurred as a result of my recent retirement. Shifting from lots of responsibility to not having anyone but my Elly to look after was a drastic change. Therefore, walking St. Cuthbert's way became the perfect lesson in viewing life through a pilgrim's lens. While walking,



HT Pilgrims outside of The Basilica Sagrada Familia

Picture on cover: Nativity celebration in Barcelona

bonding with new found friends, forming a community and the spiritual journey, I found myself trusting in the walk, the people, the process and the moments where I began to let go. Pilgrimage taught me to give up control. This letting go became the place where I began to find my "True Self" so often mentioned in the Servant Leadership School.

Now, do not think that this Scottish pilgrimage was all walking for long distances and that every step was a transformational spiritual moment. This was an Episcopal pilgrimage after all. We "Whiskypalians" lived up to our humorous nickname.

At the end of each day's walk we walked straight into a local pub where we all gathered to compare notes of the trail. We debated the length of the walk that day and the number of calories burned while tossing back sufficient calories in the effort to remain calorie neutral that day.

But, even in these pub moments there were pilgrim moments. During one public house stop, God was clearly working among us. While discussing the day with my new pilgrim friends, Stuart and Melissa, both

alcohol free for many years, I asked how were they able to handle the frenzied consumption of local beers by their fellow pilgrims. The answer was simple. They could have a drink if they wanted, but by the grace of God they did not want to have that first drink. That was a spiritual moment for me realizing that that these two people were not coming from a place of judgement but one of love for individuals. Pilgrims living their lives and yet all loving each other in the process.

Now onto the pilgrimage to Barcelona. The Basilica Sagrada Familia in Barcelona was on my bucket list. My Elly talked me into going despite my reservations about this being a "bus pilgrimage." All recent HT pilgrimages were walking journeys. In my mind, Barcelona was a guided bus tour rather than a true pilgrimage. On a "real" pilgrimage aren't you supposed to suffer thorough the physical pain of

walking from point a to point b with no alternatives but to press onward? How would community be built? How would riding on a bus achieve a powerful community?

After our very first day in Spain on the "bus", I had decided to trust in the same 'letting' go I learned from my Scottish pilgrimage. As a result, I was not disappointed but immediately struck by the people on this journey with me. And then there was our guide, Maria Jesus. She and the HT pilgrims showed me that when you least expected it, you will be rewarded by what happens on a pilgrimage.

Perhaps it was the long flight over with Greg, Michael, Meredith, Tom and Trude, all former Scotland pilgrims, or being up all day that brought us together, but the group formed an immediate community that I had found while walking St. Cuthbert's way. Another community formed! I told you I'd come back to community formation.

My list of special moments in Spain were numerous, but I want to share four moments with you.

1. The Monastery at Montserrat. We were there for Eucharist in a chapel behind the Black Madonna. Not sure how it happened, being an Episcopal group with two priests with us, but the result was a very special Eucharist lead by my roomie. Dressed in his collar, I believe the resident altar guild dude thought Greg was a Roman Catholic priest. Well, five minutes before the service the alter guild dude motioned to Greg to come with him. Greg reappeared in a glowing white Alb, a vestment. While looking incredibly priestly he conducted our Eucharist in the chapel behind the Black Madonna with her back visible from our seats in the chapel. What a pilgrim's moment for all of us, but especially for Greg. When you least expect it things happen.

2. Again, in Montserrat, I found myself walking with my good friend Anne Rodman. She indicated that she wanted to go and light a candle at the Basilica. I asked If I could accompany her. Roman Catholics love to light candles for a variety of reasons, but Anne's and my reason was to



The private chapel behind the Black Madonna at Montserrat. Photo by Michael Thomas

remember her son Bradley, and my son, William. Again, a sacred Pilgrim's moment. Thank you, Anne.

3. The Basilica Sagrada Familia. This Church was the first and last spiritual site of our trip. The Sagrada Familia is an international center for spirituality which, in an exceptional setting, invites people of all backgrounds and faiths to share in a sense of love, harmony, good, generosity and peace. It was there that I experienced my 3rd and 4th special moments. The 3rd was viewing the interior and exterior of this magnificent structure for the first time.

I would be remiss if I didn't mention Maria Jesus again, our guide on this "bus" trip. Maria brought each and every site to life with her knowledge and innate ability to communicate the very essence of each place we visited. But none more poignant for me than at

the Sagrada Familia. Her explanations of the history and meaning of the structure brought home how Antonio Gaudi (the architect and visionary) showed his genius and love of God in a visceral way that you felt in your gut.

Hard to explain, but you should really go and experience the unification of nature, mathematics, architecture, a man's vision, and God's creation symbolized in every part of the Basilica. Only God, through Gaudi, could have imagined and built such a structure. Our pilgrim's moment was being at the Basilica during Advent, gazing upon Gaudi's only personally completed portion of this unique and God-filled place, "The Birth of Christ" façade.

4. Again, at the Sagrada Familia on our last day in Barcelona, we attended a rare service in the main sanctuary. The service celebrated the mass of the Immaculate Conception of Mary. While waiting for the service to begin, I was asked by a Spanish gentleman to read a prayer in English for the Prayers of the People. Well, I couldn't say no! It was a very special moment for me as I represented our group of pilgrims during a service in this magnificent Church.

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CONSTRUCTION PREPARATION AT HOLY TRINITY DAY SCHOOL

BY JULIE BUIE, DAY SCHOOL DIRECTOR

Holy Trinity Day School is excited about the upcoming renovations to the Parish House as the school will enjoy substantial benefits such as new flooring, new lights, new sinks in classrooms, new bathrooms, and new playground. As one member of the day school board of directors put it, "The building itself will now reflect the ethos of the school. We know that the program is top-notch. Now the building will reflect that, too."

The idea of a renovated school has parents, teachers, and prospective parents energized and engaged. In fact, enrollment for the 2018-2019 school year is strong with 100 students already enrolled for next year which leaves only a few spots remaining.

With the bulk of the work to be done over the summer months, the school is busy preparing to move everything out of the building. Thanks to Jack Picarelli and several other members of Page High School's ROTC, several large items were loaded up and donated to Goodwill and to a local preschool. The school plans to use their help again as it continues to pack up and clean out closets.

The day school community recently enjoyed its annual Happy Hearts gathering, on April 19, at the home of Mary Katherine and Durant Bell. One of the preschool's strengths is its strong sense of community and fellowship and Happy Hearts certainly embodies this. This year's Happy Hearts was a wonderful evening consisting of parents (past, current, and even future), teachers, clergy, and church members who came out to celebrate and support this important ministry which has been serving young children and families for almost 65 years. 🌟



Above and below: photos from this year's Happy Hearts



YOUTH PREPARATION

BY MARJORIE DONNELLY, DIRECTOR OF CHRISTIAN FORMATION & THE REV. NATHAN FINNIN, ASSOCIATE RECTOR

One of the foundations of the Christian Formation program here at Holy Trinity is our Milestone Ministry. Milestones mark and celebrate the moments in our journey that are important and remind us that God is here! It is a way of intentionally recognizing God's presence in our life and in the lives of our children and loved ones. Through the celebration of milestones, we carve out space in an often busy world that allows us to pause for a moment and give thanks for the awe and wonder that is our earthly pilgrimage. The entire congregation engages in a process of faith formation and spiritual growth by naming what is life-giving or holy about particular events or moments. And the Milestone Ministry is a way to recognize that this church belongs to our members, not the other way around.

In the context of children and families, our Milestones serve to create a support network of parents, children, teachers, guardians, grandparents, friends, and clergy who are committed to love and care for all our young people as they mature in faith. It is a tangible way that Holy Trinity lives out the proverb "It takes a village to raise a child." We have been overwhelmed with the support we have received from our families and partners as we rolled out this program, and are convinced that this is indeed a helpful and life-giving way for us to love, nurture and celebrate our children as they grow.

Our milestones from birth to eighteen consist of **Baptism, Leading the All Saints Day Parade, Communion Celebration, Learning and Leading the Lord's Prayer, Bible Presentation for Third and Fourth Graders and for Graduating Seniors, Ten Commandments, Installation of Acolytes, Rite 13, Confirmation, Service through Summer Outreach Adventure and Glory Ridge, and Pilgrimage.** In this article, we are taking a closer look at Rite 13 and Confirmation.

Rite 13, Claiming Identity: For many cultures throughout history Rite 13 has been recognized as a significant mile marker in the journey toward becoming an adult. For so

many young people, this marks the beginning of a very important and challenging chapter of life in which issues of identity, sexuality, values, and belonging are raised and addressed.

We included the Rite 13 Liturgy in the 9 a.m. worship service and asked our young people to receive the light of Christ, God's presence with them, and to let their light shine forth in the world. Simply put, we reminded them during a time in life which is scary, confusing, and often difficult, that they are not only loved, but that they are a vital part of this community and have gifts that we need in order to fully live our life in Christ.

Claiming Faith: We kicked off our preparation for Youth Confirmation with a half-day team building retreat in January at Level Up in Thomasville, along with lunch. This was an opportunity for twenty ninth graders and their leaders to get to know each other and start bonding as a group. We have just completed our spring Confirmation Sunday school classes, where the youth could dive deeply into the history, tradition, and practices of the Episcopal Church, after which they are prepared to answer the question "is this a faith I can claim?" As they prepared

to answer that question, they worked with adult mentors who shared their own faith journey, as the confirmands began to articulate their own understanding of the role faith plays in their life. For those who choose to be confirmed, there will be a celebration during the annual bishop's visit on Sunday, June 3, whereby the bishop lays hands on them, and invites the Holy Spirit to be present with them as they become adult members in God's Church.

Through both Rite 13 and Confirmation, our formation goal is not simply learning. We also want them to explore their own unique gifts so that they might fully live into Holy Trinity's mission to seek to know Christ and make him known, through an inward journey of faith and an outward journey of service giving thanks to God in all things. 🌟

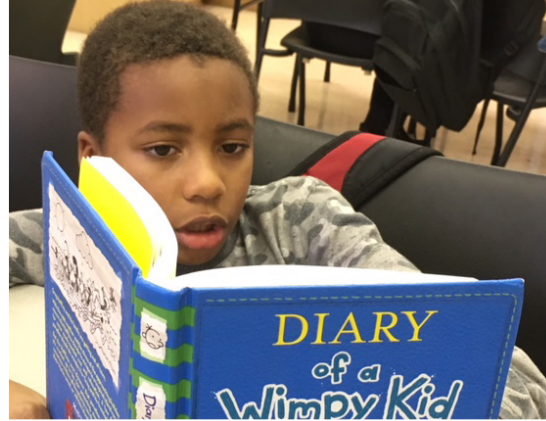


CAMP WEAVER: OPPORTUNITY FOR PARTNERSHIP VILLAGE YOUTH

BY DR. RUTH ANDERSON, DIRECTOR OF SERVANT LEADERSHIP SCHOOL

Josiah Artis, age 9, bounces into the Partnership Village tutoring room twice a week with a backpack full of homework, crumpled papers, and often an old piece of fruit. Lately he has been doing research on dragonflies and points out "they have huge eyes" so that they can catch "lunch" mid-air. He enjoys learning about fractions and reading the newest book in the *Diary of a Wimpy Kid* series. Josiah is just like any other child except he lives in poverty and living in poverty makes his life extraordinarily challenging. Research suggests that children who live in poverty, compared to those who do not, get sick more often; go hungry on a regular basis; have twice the rate of learning disabilities; regularly experience anxiety and depression; and one in three have a mental disorder by Josiah's age.

For each of the past six years, Holy Trinity and the Servant Leadership School have been sending about 20 children like Josiah to Camp Weaver for an overnight, week long camp experience in the summer. Without our support, there is no way the Partnership Village families could afford such a week for their children. Camp Weaver gives us a deep discount on tuition. We raise \$130 per child and the families provide \$40.



Josiah Artis reading his favorite author

Josiah provided some information on his camp experience from last summer:

Favorite activity? Playing on the Splash Mat in the lake.

Most difficult? Pulling back the bow and arrow in archery—it is a lot harder than it looks. (However, Josiah did get an arrow in the middle a few times.)

Best Food: Getting grilled cheese and bacon sandwiches for breakfast.

Most Fun with others: Being around a big campfire one night, being in a play, and playing basketball.

Most Challenging: Waking up and getting into the shower each morning and Dodge Ball.

Would you recommend this to other kids? Yes!!!

With our support, children from Partnership Village have experienced, for the first time: swimming; hiking; eating three big meals a day; and just being a regular kid at camp. If you would like to help send a child we tutor from Partnership Village to Camp Weaver this summer, please write a check to The Servant Leadership School and put in the memo line *Camp Weaver*, and send to The Sacred Garden Bookstore, 215 W. Fisher Avenue, Greensboro, NC 27401.



Photo from campweaver.org



Barbara Cromheecke tutoring Australia



HOLY TRINITY ECW LENTEN RETREAT: "ANGELS IN OUR MIDST"

BY LOU O'BRIEN AND JULIE LONGMIRE-DAURAY

Psalm 139:7-10

*Where can I go from your Spirit?
Where can I flee from your presence?
If I go up to the heavens, you are there;
If I make my bed in the depths, you are there.
If I rise on the wings of the dawn,
If I settle on the far side of the sea,
Even there your hand will guide me,
Your right hand will hold me fast.*

The Episcopal Church Women of Holy Trinity shared an inspirational retreat with the fellowship of 85 women and a focus on spiritual renewal during this past Lenten season. We were fortunate to have Anne Neilson, nationally acclaimed artist, gallery owner, wife, and mother from Charlotte, NC, as our keynote speaker.



Anne Neilson's books

The retreat began the evening of Friday, February 23 with wine followed by a delicious dinner prepared by our own talented chef, Walter Henry. During this time, Anne shared her personal journey of "Finding Your Passion to Make a Difference" as an artist and how she was called to paint, with purpose, her powerful angel images. These angels have been published in coffee table books with stories of their impact. The books are entitled *Angels In Our Midst* and *Spoken Compassion*. She has also created cards and other gift items. Anne generously donated \$764, 20% of sales from her products during the retreat, to benefit ECW's outreach to women and children in our community.

The retreat continued Saturday morning in the church with the Eucharist celebrated by the Revs. Ginny Bain Inman and Sarah Carver. It was a meaningful worship service with music led by Sarah Chowning.



Lenten Retreat attendees

Following the service, Anne shared more deeply her personal spiritual journey of "Broken Into Beautiful" as she gave an intimate reflection of how God has transformed her mistakes in life to serve a purpose. She quoted 2 Corinthians 12:9-11, "My grace is sufficient for you, for power is made perfect in weakness."

Following Anne's talk, each retreat attendee received one of Anne's unique angel cards with a scripture verse. ECW members were asked to reflect on how God was calling them in their life during Lent and how the scripture card spoke to them personally.

Anne provided square wooden boards and various colored fragments of glass and ceramics for each woman to create



Mosaic crosses

a mosaic cross to reflect their own personal "Broken Into Beautiful" journey. Ginny blessed the mosaic crosses at the conclusion of the retreat.

Everyone enjoyed their time together, sharing fellowship and spiritual awakening together as Episcopal Church Women at Holy Trinity.

HE, SHE, WE AND GOD

BY MARJORIE DONNELLY, DIRECTOR OF CHRISTIAN FORMATION

The evaluations are “in” on Holy Trinity’s He, She, We and God sexuality workshop for fifth and sixth graders and their parents, and the feedback from various perspectives is overwhelming! The workshop was led by Jenny Beaumont the weekend of March 2 and 3 in collaboration with small group leaders from Holy Trinity: Marjorie Donnelly, The Rev. Nathan Finnin, Jay Kenerly and Cheri Timmons.

Jenny is an Episcopal educator, and trained facilitator and teacher currently on staff at Christ Episcopal Church in Charlotte, NC. The author of *These Are Our Bodies*, *Foundation Book: Talking Faith & Sexuality at Church & Home*, Jenny brings 19 years of experience in education and ministry to the dynamic conversation that connects the experience of faith with our sexuality.

The focus of our event was a comprehensive faith and human sexuality seminar based on the universal needs of tweens and their parents. To honor and lift up parents as the primary sexuality educators to their children, parents are involved as an integral part of the program.

The program is a developmentally appropriate, creatively interactive, faith based approach to sexuality that places human sexuality in the context of faith. Direct and indirect teaching around God’s creation, scripture and sexuality as a gift from God are intertwined throughout the workshop. Conversations and teaching around the stewardship of gifts, responsible behavior, and God’s grace and love abounded in this workshop.

The comments by leaders, parents and tweens speak for themselves about the incredible value of having the church as an integral part of conversations about sexuality:

A Vestry member, father and leader’s perspective:

“It’s really hard to describe He, She, We and God and the power of the program until you’ve experienced it. I’m lucky enough to have been a part of two programs as a leader. It is such a sweet and special time. I’ve never been surer about anything than I am about this: all of my children will attend.”

– Jay Kenerly

A Vestry member, mother and leader’s perspective:

“...I was able to witness how each child came in with his/her unique perspective, questions and concerns and each was met with openness, acceptance, love and support. The thoughtful and intentional involvement of parents in these discussions cultivated such connection, security, community and strength that was so tender and moving. My son, husband and I will be attending this amazing program as participants in two years and it is deeply reassuring that we will be held along the way as we navigate our own journey.”

– Cheri Timmons

The Parents’ perspective, using one word:

Important; Disarming; Blessing; Wonderful; Enriching; Insightful; Refreshing; Bonding; and Eye Opening

When tweens were asked what they like best about this workshop some of the responses were:

**Being able to have my parents here;
The openness and honesty;
Learning about my body;
That God was included in the conversation;
The openness;
That we didn’t have to talk if we didn’t want to;
I felt it was a safe place to talk about sex**

When tweens were asked what is the most helpful thing you learned here, some of the responses were:

**Everything is natural;
That God is always with me;
What is going on in my body;
That even though I’m changing it is very natural;
How to handle growing up;
That God created things for a reason;
That these things are normal and God made us on purpose**

A Priest, father and leader’s perspective:

“I was amazed by the maturity of the youth participants and their ability to navigate what might seem like ‘taboo’ topics and discussions. I was impressed with the commitment shown by the parents, not only in signing their children up for the program, but in investing their own time to walk with them through these conversations and topics. But most of all, I was humbled by the way the church was involved in the process. By keeping our faith and community life at the center of this part of our children’s journey to adulthood, the church has shown what it can be when it is as its best; namely, a place of support, encouragement, and discernment...”

– The Rev. Nathan Finnin



Holy Trinity offers He, She, We and God every other year. We are fortunate that the Vestry and Christian Formation Commission view this workshop as an incredible resource and blessing to our tweens and their parents, and offer significant budgetary support to make it a reality. 🙏



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STORIES FROM BARCELONA *(continued from page 5)*

I wish I could share all the pilgrim's moments that occurred on both journeys. But let me close with these thoughts.

Greg asked me to share what lessons for living in the real world did I gain? My simple answer is letting go and listening for what gifts friends, family and God have in store for me each day. And living these moments through a pilgrim's lens and making the pilgrim's world the new real world.

Being on a pilgrim's journey is a blessing to all who are willing to put themselves on a journey of introspection. A pilgrimage will open your heart and allow you to experience things you might not have seen nor felt before. The bonds that you form and the community you build are a gift from and with your fellow pilgrims.

At the Vestry retreat your newly formed team talked of exploring ways to make this pilgrim's community more accessible to all in our great Church. The "bus" pilgrimage is an excellent example of making the experience available to all who might not have the desire nor ability to walk long distances.

So, when you hear of more and varied pilgrim opportunities, take the leap and experience this thing called pilgrimage. It will change your life and leave you with a profound sense of God's love and community. 🙏



Inside the Basilica Sagrada Familia