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## **The Servant Leadership School**

OF GREENSBORO

**Leading • Living • Loving**

*from a deeper center within*

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“Learning to be ‘in the world, but not of it’ is a goal of many ancient wisdom traditions. It implies that humans are spiritual beings incarnated in the material world and must learn to navigate this essentially and fundamentally foreign territory without getting lost or losing themselves in the process. It also implies a very great nobility of purpose for us human beings — to be actively engaged in the life of the world, to throw our hearts and souls into it, and to enrich the world without ever forgetting who we are and what our true home is.”

— Don Riso and Russ Hudson in *Radical Grace*

**Winter/Spring 2018**

[www.servantleadergreensboro.com](http://www.servantleadergreensboro.com)



## ABOUT THE SCHOOL

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“Love is the only emotion that enhances our intelligence.”

– Humberto Maturana

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The Servant Leadership School begins with the premise that Christianity calls each of us to holistic transformation of both our inner and our outer lives. We believe that every person is called to be “fully expressed” and thereby be of service to the world.

We offer a variety of tools and resources that help us “practice resurrection” in our everyday lives, through:

Communion: practices of divine presence and prayer

Compassion: practices that awaken the intelligence of the heart

Co-Creation: practices that help us to align with divine purpose

When we engage our minds, our hearts, and our bodies in new ways of being with God and with one another, we become better equipped to live as servant leaders in our homes, workplaces, communities, and world.

Our hope is to nurture and empower a new generation to shape our individual and collective futures in accordance with God’s dream for a world ignited by love, justice, and peace.

# COURSE SCHEDULE

Registration information for classes on inside of back cover

<b>MONDAYS</b>	<b>PAGE</b>
Writing as an Act of Self Discovery ..... 9 6–8 p.m., Feb. 5 – March 12 (6 weeks)	
<b>TUESDAYS</b>	
Prayerful Yoga (Session 1) ..... 8 9:30–11 a.m., Jan. 16 – March 20 (8 weeks)	
Communion: Prayer and the Practice of Presence ..... 6 6–8 p.m., Feb. 6 – March 6 (5 weeks)	
Call: Co-Creation and the Commitment to Sacred Service..... 7 6–8 p.m., Feb. 6 – April 17 (10 weeks)	
Compassion: Awakening the Intelligence of the Heart ..... 7 6–8 p.m., March 13 – April 17 (5 weeks)	
Prayerful Yoga (Session 2) ..... 8 9:30–11 a.m., April 3 – May 22 (8 weeks)	
<b>WEDNESDAYS</b>	
Contemplative Prayer ..... 9 12–12:30 p.m., Jan. 17 – May 30 (20 weeks)	



**THURSDAYS**

- Communion: Prayer and the Practice of Presence ..... 6  
10 a.m.–Noon, Feb. 8 – March 8 (5 weeks)
- Call: Co-Creation and the Commitment to Sacred Service..... 7  
10 a.m.–Noon, Feb. 8 – April 19 (10 weeks)
- Compassion: Awakening the Intelligence of the Heart ..... 7  
10 a.m.–Noon, March 15 – April 19 (5 weeks)

**SATURDAYS**

- Spiritual Practice and the Brain ..... 13  
Saturday, Feb. 17, 9:30 a.m.–3:30 p.m.
- Breath as a Pathway to Presence ..... 13  
Saturday, March 17, 1–4 p.m.

**WEEKENDS (FRIDAY–SUNDAY)**

- Breathing Beyond Grief: A Weekend Intensive ..... 10–11  
Friday, Feb. 9 – Sunday, Feb. 11
- Servant Leadership Weekend ..... 12  
Friday, May 18, 6–9 p.m.  
Saturday, May 19, 9 a.m.–5 p.m. (lunch included)  
Sunday, May 20, 9 a.m.–1 p.m. (lunch included)



“This is the mystery of the Christian life: to receive a new life, a new identity, which depends not on what we can achieve, but on what we are willing to receive.”

– Henri Nouwen

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# OUR CURRICULUM

Our core curriculum begins in the Fall and follows a sequence of classes spread out over two years. The class *SL1: Putting on the Mind of Christ*, is a prerequisite that is required in order to take any of our other core classes. Beyond that, core classes may be taken in any order, however we recommend moving through the program in the following sequence:

## YEAR 1

Fall Term — *Servant Leadership 1: Putting on the Mind of Christ*

Winter Term — *Communion: Prayer and the Practice of Presence*

Spring Term — *Compassion: Awakening the Intelligence of the Heart*

## YEAR 2

Fall Term — *Servant Leadership 2: The Divine Therapy*

Winter Term — *Call: Co-Creation and the Commitment to Sacred Service*

Because our curriculum continues to evolve as teachers incorporate student feedback as well as new ideas and resources, we welcome past students to re-take any core class.

In addition to our core curriculum, we offer a number of “companion” classes that offer ongoing support for the inward journey of faith and self-awareness, and the outward journey of service and community engagement. We also offer a variety of spiritual practices to help sustain us in this work.



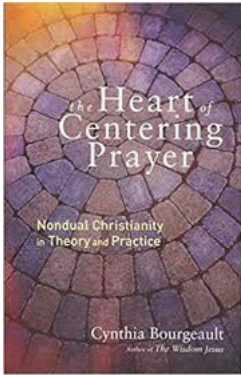
# CORE CLASSES

## COMMUNION: PRAYER AND THE PRACTICE OF PRESENCE

Led by the Rev. Gregory Farrand

Tuesdays 6–8 p.m., Feb. 6 – March 6 (5 weeks)

Thursdays 10 a.m.–Noon, Feb. 8 – March 8 (5 weeks)



In this course we explore spiritual practices that can help us deepen our experience of communion with God and become more “present” in our everyday lives, in order to become increasingly transparent to Divine Presence. The central emphasis of this course will be establishing and or deepening our own daily spiritual practice. We will use Cynthia Bourgeault’s book *The Heart of Centering Prayer: Nondual Christianity in Theory and Practice* as a guide and draw support and strength from the class as a community of practice.

“Be like the fox  
who makes more tracks than necessary,  
some in the wrong direction.  
Practice resurrection.”  
Wendell Berry



## **COMPASSION: AWAKENING THE INTELLIGENCE OF THE HEART**

*Led by the Rev. Greg Farrand*

Tuesdays 6–8 p.m., March 13 – April 17 (5 weeks)

Thursdays 10 a.m.–Noon, March 15 – April 19 (5 weeks)

Compassion is at the very heart of the teaching of Jesus. Compassion flows abundantly in our own lives when our hearts are awakened to the presence of God. Recent scientific research supports the understanding of pre-modern religious traditions that the human heart is more than just a “pump,” but a center of profound emotional and spiritual intelligence, and the instrument by which we can bring our lives into alignment with Divine energy, love, and compassion. Drawing upon modern scientific research as well as classic teachings and practices of the Christian tradition, this class will support students in an experiential process of awakening the intelligence of our own hearts, so that we can increasingly serve as instruments of God’s compassion in the world.

## **CALL: CO-CREATION AND THE COMMITMENT TO SACRED SERVICE**

*Led by Ruth D. Anderson, Ph.D*

Tuesdays 6–8 p.m., Feb. 6 – April 17 (10 weeks)

Thursdays 10 a.m.–Noon, Feb. 8 – April 19 (10 weeks)

We ask the big questions in this class. At this stage of my life: What is the particular piece of God’s dream that has been specifically entrusted to me? What is the purpose for which God has brought me into the world? What has my entire life, to this point, prepared me for? In a community of like-minded participants, we will explore these and other related questions through reflection of our lives, exploration of our gifts, engagement of spiritual practices, and dialogue in circles of trust. We will support one another in discerning God’s call and in bringing our lives into greater alignment with divine power and purpose. This class will include an experience of a Clearness Committee as participant or “focus person” and an exploration of our call as members of a global community as the larger context for our own personal sense of call.

# COMPANION CLASSES

## PRAYERFUL YOGA

*Led by Linda Hiatt, 200-hour Registered Yoga Teacher*

Eight weeks each session with two weeks not meeting during Session 1.

- Session 1: Tuesdays 9:30–11 a.m., Jan. 16 – March 20 (skipping Jan. 23 and March 6)
- Session 2: Tuesdays 9:30–11 a.m., April 3 – May 22



Prayerful Yoga meets our bodies, minds and spirits right where they are and encourages us on the journey towards balance and equanimity in all aspects of our being. The meditation and mindful releasing, opening and movement of Prayerful Yoga is suitable for all body types and levels of experience (including no prior yoga experience.) Please bring a mat/towel and a light blanket.

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“Give us the grace, O God, to dare  
to do the deed which we well know  
cries to be done.”  
W.E.B. DuBois

## CONTEMPLATIVE PRAYER

*Led by Ruth D. Anderson, Ph.D*

Wednesdays 12–12:30 p.m., Jan. 17 – May 30

We begin our time by taking three deep, intentional breaths and then enter the silence together for 20 minutes. At the end of the 20 minutes, we share any concerns, celebrations for a few moments — to carry with us during our week. You are welcome to drop in or come and join this special group.



## WRITING AS AN ACT OF SELF DISCOVERY

**with Steve Cushman**

*Led by Steve Cushman*

Mondays 6–8 p.m., Feb. 5 – March 12 (6 weeks)

This expressive writing workshop will provide you with the opportunity to write about what's important to you. Oftentimes, writing is the catalyst for discovery or as writer Andre Dubus said, "I didn't know what I knew until I wrote it down." In a small group setting, we will engage in structured writing exercises and read and discuss writing that deals with matters of the heart and spirit. We will look at ways of generating ideas about your unique experiences and then sharing those ideas in a comfortable environment. No prior writing experience is required, only a desire to sit and think and write.



# WEEKEND WORKSHOPS

## **BREATHING BEYOND GRIEF: A WEEKEND INTENSIVE FEBRUARY 9–11**

**Location: Haw River State Park in the lovely Heron’s Roost  
Retreat Building**

*Led by Tony Castle and Jennifer Gronbach of The Clearing Center, Transformational Breath® facilitator Summer Estes, LPC, and others.* This weekend workshop is for those who find themselves struggling with how to integrate wounds related to unresolved grief. This can look like disappointments in life, losing a job or a loved one, or those struggling with anxiety, depression, or physical pain. It is also a great retreat for those who feel stuck in life or those who feel they are “fine” but know they could be living a more joy filled life.

### Move Beyond Prolonged Grief

- Improve your capacity for happiness
- Powerful processes to empower and equip
- Learn how to move beyond the pain of the past and take away two powerful techniques to empower you to move forward and regain your joy in this weekend intensive!

Unresolved grief and a buildup of clutter within can cause physical pain, drive our decisions and directly affect our capacity for joy. Through writing, communication, and Transformational Breath® work we begin to clear prolonged grief and release its effects from the body. Most people tell you to move on but don’t tell you how... Learn how in this powerful weekend.

Cost: Early bird rate \$325 (register by 12/15/17)

Regular rate is \$375 includes two lunches and snacks

\*\$520 should a participant decide to stay at Haw River in a room for two nights (includes meals)

\*\$475 should two participants decide to share a room for two nights (includes meals)



Haw River State Park, Browns Summit, NC

**Tony Castle** is a Transformational Breath® trainer, a certified Grief Recovery trainer and a certified Total Breath facilitator. Tony has worked with Dr. Richard Brown and Dr. Patricia Gerbarg the developers of Total Breath to design his style of breath work. Tony Castle created specialized Breath workshops for the people of Pine Ridge Indian Reservation in South Dakota and has been described on that reservation as a “Physician of the Soul.” Tony also worked with Dr. Ella Manga of Cape Town, South Africa on Energy Management within the body. Tony is a man who feels a call to helping others and has volunteered his time working in hospice care for five years. He has worked at the Mayo Clinic and has led many breath and grief recovery workshops.

**Jennifer Gronbach** is a Senior Trainer with Transformational Breath® and Grief Recovery Specialist. She is the founder of The Clearing Center and helps people regain peace, feel empowered, and find joy and purpose in daily life ([www.theclearingcenter.com](http://www.theclearingcenter.com)).



# WEEKEND WORKSHOPS (continued)

## SERVANT LEADERSHIP WEEKEND — MAY 18–20

### First Time Offering Servant Leadership in a Weekend Format

Friday, May 18, 6–9 p.m.

Saturday, May 19, 9 a.m.–5 p.m. (lunch included)

Sunday, May 20, 9 a.m.–1 p.m. (lunch included)

Limited Enrollment to 20 participants

Cost: Early bird \$275 (register by April 1)

Regular Rate is \$350 (includes two lunches)

*Led by the Rev. Gregory Farrand, David Bollt of Relational Yoga, and Summer Estes, LPC and Certified Transformational Breath Facilitator*

Servant Leadership offers a fresh, practice-oriented path of Christian spirituality for the 21st century, connecting our faith with our everyday life by blending the inward journey of prayer, presence, and personal



transformation with the outward journey of love-in-action and sacred service in the world. In this course, we will step into the paradigm shift at the heart of Jesus' proclamation of the Kingdom of God, connecting this to the paradigm shift currently unfolding in contemporary science and cosmology.

We will introduce the three central practices of Servant Leadership: Communion, Compassion, and Co-Creation, designed to awaken and open the deeper intelligence of the mind, heart, and body. We understand the shift from a dualistic, ego-centered consciousness to a more unitive consciousness, flowing from this three-centered knowing, to be a practical way of “putting on the mind of Christ.”

# SATURDAY WORKSHOPS

## **SPIRITUAL PRACTICE AND THE BRAIN**

**FEBRUARY 17, 9:30 a.m. –3:30 p.m.**

*Led by Randall Hayes, PhD*

Mind, heart, and body are an integrated system, as indicated by the 60s term “psychobiology,” before the more brain-centric label “neuroscience” took over the press. That pendulum of socially acceptable language is now swinging back, and there is much excitement about “integrative medicine,” using spiritual practices such as meditation, yoga, and prayer not just for stress relief but for the personal growth necessary to overcome conditions like trauma and addiction. This workshop will focus specifically on Stephen Porges’s PolyVagal Theory, which concerns the neural regulation of the gut, the heart, and the muscles of the face that we use for social communication. In addition to examining the model as an intellectual construct, we will exercise these different circuits and determine their effects on our emotional states, first-hand.

**Randall Hayes**, “your friendly neighborhood neuroscientist,” has degrees from the University of Kentucky (BS) and the University of Rochester’s School of Medicine & Dentistry (PhD). He started meditating at the Rochester Zen Center in the mid-1990s and sits with a couple of different groups around town. He also spends a lot of time doing science outreach with various groups, including the Greensboro Science Café and Greensboro March for Science, and writes a science column for our local science fiction magazine, [www.intergalacticmedicineshow.com](http://www.intergalacticmedicineshow.com).

## **BREATH AS A PATHWAY TO PRESENCE: AN INTRODUCTORY WORKSHOP TO TRANSFORMATIONAL BREATH®**

**MARCH 17, 1–4 p.m.**

*Led by Summer Estes MA, NCC, LPC and Transformational Breath® Facilitators*

This workshop is designed to introduce both new and experienced participants to a powerful modality called Transformational Breath®. We will create a safe space for participants to experience the physical, emotional, and spiritual benefits of breath work, and work with our three centers of intelligence: body, heart and mind. Conscious connected breathing practices are an ancient path for creating fertile ground from which the wisdom of our heart can arise. This one-day, experiential workshop is limited to 14 participants.



# THE LABYRINTH

## **LABYRINTH KEEPERS**

*Coordinated by Libby Haile*

Location: Smyth Library, Holy Trinity Episcopal Church

First Monday of each month, 4:30–5:30 p.m.

The Labyrinth Keepers are an ecumenical group dedicated to providing education and opportunities for people to experience transformation through walking the labyrinth. We plan, advertise, train, and provide facilitators for a variety of community-wide labyrinth offerings. We welcome new members. Contact Libby Haile at [hailemartin@aol.com](mailto:hailemartin@aol.com) to support and join the ministry of the labyrinth.

## **SPRING EQUINOX WALK —**

### **Live Music with David Horth**

Sunday, March 18, 4–5:30 p.m.

Welcome the arrival of spring by walking Holy Trinity's outdoor labyrinth. You are invited to walk the path of the heart, in community, as we celebrate the coming of the Season of Light. There will be a brief blessing at 4:00 followed by uninterrupted walking and music. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

## **HOLY WEEK WALKS**

Monday – Thursday, March 26–29, 12:15–1 p.m.

Friday, March 30, 11–11:45 a.m.

During this solemn and sacred week leading up to Easter, experience the labyrinth's sacred pattern and sacred path. Walking the labyrinth helps you to quiet your mind, reconnect with your body, and see your life in the context of a path, a pilgrimage. As you symbolically make the walk with Christ to Jerusalem, use the labyrinth as a tool for silent reflection and prayer in the company of other pilgrims on the way. A Holy Week reflection facilitated by one of the labyrinth keepers and a time of blessing in the center of the labyrinth will precede each day's walk. Attend any or all of these walks as your schedule allows. Bring a journal if desired. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

## **YOGA AND THE LABYRINTH WITH MONA FLYNN**

Saturday, May 5, 11 a.m.–1 p.m.

Use yoga to enhance your walking meditation. Learn, practice, and discover tools for the journey towards greater awareness and spiritual growth. “Light” yoga is for all abilities and will not involve getting on ground. Essential oil gifts provided. This workshop will be followed by the annual World Wide Labyrinth Day Walk at 1 p.m.

*Location: Broome Hall, Holy Trinity Episcopal Church*

*Led by: Mona Flynn*

## **WORLD WIDE LABYRINTH DAY —**

### **Live Music with Sandy Blocker**

Saturday, May 5, 1 p.m.

World Labyrinth Day, a project of The Labyrinth Society, is a day designated to bring people from all over the planet together in celebration of the labyrinth as a practice and a tool for healing and peace. World Labyrinth Day, which is celebrated all over the world on the first Saturday in May, is a global celebration of the labyrinth and a communal prayer for world peace. The labyrinth community at Holy Trinity Episcopal Church led by the Labyrinth Keepers will “Walk as One at 1.” Join us, and be part of a rolling wave of peaceful energy as the earth turns. *In case of inclement weather, the walk will be cancelled.*

*Location: Outdoor Labyrinth, Holy Trinity Episcopal Church*

*Led by: The Labyrinth Keepers*

# HEALING GROUND

Healing Ground is available to individuals for unstructured time away from the rigors of everyday routine. We encourage you to consider the benefits of true Sabbath time. Our environs and facilities are perfect for reading, writing, praying, reflecting or just being. A suggested day retreat is \$25 per person. Visit our website [www.healingground.org](http://www.healingground.org) to learn more about Healing Ground.



## FIRST FRIDAYS IN THE QUIET GARDEN

*Convened by Pat Bailey, Dee Irwin and Healing Ground volunteers.*

Join us any first Friday, 10 a.m.–3 p.m.

Healing Ground is part of an international Quiet Garden movement ([www.quietgarden.org](http://www.quietgarden.org)). Join us at the beginning of the month as we take time to slow the pace and enjoy a quiet place to pause and let our bodies and minds rest and our hearts awaken. Beverages provided; please bring a bag lunch or something to share. Suggested donation: \$20.

## WISDOM CIRCLES

Wednesdays, January 10 – March 14, 9–11:30 a.m. or

Thursdays, January 11 – March 15, 1–3:30 p.m.

Suggested donation: \$125



## THINGS FALL APART

Chinua Achebe's classic novel, *Things Fall Apart*, tells of how the coming of the white man (and with that colonialism and Christianity) led to the breakup of the old ways for the Ibo tribe in Nigeria. It speaks to what happens when our world shifts. It may be a bit harder to point to what is shifting the paradigm in our culture — the internet and the worldwide web (imagine a world without tweets), global climate change, global economy,

the demise of civility — the list goes on. Which only means that we will have plenty to ponder and discuss as we explore how our lives are shifting in the midst of the difficult times we are all experiencing and what it means for being in relationship with ourselves, our community, our world, the cosmos.

*Facilitated by Dee Irwin who loves to meet people at the intersection of their lives and their questions.*

## **ART, MEDITATION AND CREATIVE PROCESS**

*Five Thursdays, January 18 – February 15, 10 a.m. – Noon*  
*Suggested donation: \$100 and is limited to 12 participants.*  
*Do bring an unlined journal of any size and a pen.*

This new series is for those people who would like to deepen their meditation and breath work into various art forms. We will explore creating art together from the still point of meditation and creating with the breath. Betsy is looking for fellow seekers who are willing to put their ego aside and allow whatever wants to be expressed in come forth in the form of art — whether it is poetry, music, movement, writing, or process art. Creating from a place of not-knowing; a place of wonder and intuition, is an opportunity for more empowerment, self-discovery and delight.

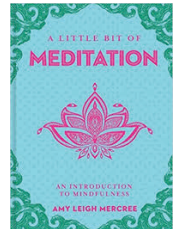
*Led by Betsy Bevan who describes herself as a self-taught artist who is curious to get lines and colors out on a page and watch art evolve on it's own. She has been practicing Zen meditation since her mid-twenties, and is part of Wind & Stars musical ensemble. She is a gifted teacher and musician who seeks a deeper connection with others through art and meditation.*

## **UNDERSTANDING AND PRACTICING MEDITATION**

*Mondays March 5 – April 9, 7–9:30 p.m.*  
*Suggested donation: \$125 per person, \$200 per couple.*

This six Monday night program will focus on different methods of meditation for the purpose of achieving true happiness and joy. The process can include overcoming the loss of a loved one, relief from suffering from illness, getting beyond the experience of PTSD and other similar negative experiences. The journey to a sense of daily well being sometimes involves difficult steps that hardly anyone can take alone. Join us for this journey to discover how simple and effective a meditation practice can be. Group discussion and the book *A Little Bit of Meditation* by Amy Mercree will be part of the process.

*Led by Kevin Haggerty, M.S. in counseling psychology, teacher and executive coach. For further information, call Kevin at 336-509-5777.*





## **ZENTANGLE®:**

### **CREATIVE MEDITATION FOR YOUR INNER ARTIST**

Anyone who can hold a pen can create a Zentangle. It is a relaxing and fun way to create beautiful designs with repetitive patterns. The bonus is that it is also a great stress reducer that increases focus and creativity, and provides artistic satisfaction. Three separate offerings. Introduction to Zentangle is needed if this is new to you. Suggested donation: \$40/class.



### **INTRODUCTION TO ZENTANGLE®**

Monday, January 22, 9:30 a.m.–Noon

This two and a half hour workshop is a basic introduction to the Zentangle drawing method. Class will cover the history, the applications, and the steps of creating an original Zentangle tile. This class invites all levels and requires no artistic experience. This is a great start class that is bound to leave you thirsty for more.

### **COMPLIMENTARY CURVES AND COLOR**

Monday, February 19, 9:30 a.m.–Noon

There are many patterns that have similar parts, in this case curves, that work beautifully together and also lend themselves to creating Tangelations, one pattern morphing into another. Adding color for shading or accent turns it into Zentangle Inspired Art (ZIA).

### **BLACK TILES AND TANGOS**

Monday, March 19, 9:30 a.m.–Noon

Tangos are created by combining two or more tangles, analogous to mixing paint colors to create a new color. We will work with several pairs of patterns that lend themselves to hybrid tangles and do it all using gel pens on black tiles of various shapes (standard tiles, bijou, 3Zs, zendalas).

*Facilitated by Dee Irwin, Certified Zentangle Teacher and intrepid explorer of different mediums of expression.*



## PUTTING MINDFULNESS AT THE CENTER OF HEALTH & HEALING

Saturday, April 21, 10 a.m.–3 p.m.

Suggested offering is \$55. Bring your lunch. Beverages are provided. Are you looking to make improvements in your life? Do you want to lose weight or quit smoking? Exercise more? Make career changes? Be a better parent? Minimize stress and anxiety? Pray more? These are only a few of the issues you may face and wish to change. Using the Duke Integrative Health model for creating change we will explore our current situations and create a vision for a healthier future.

*Led by Jacqueline Messick a, Duke trained Integrative Health Coach. She holds a Master of Pastoral Studies. She is a childbirth doula as well.*



“Vocation at its deepest level is, ‘This is something I can’t not do, for reasons I’m unable to explain to anyone else and don’t fully understand myself but that are nonetheless compelling.’”

Parker Palmer



# SACRED GARDEN BOOKSTORE

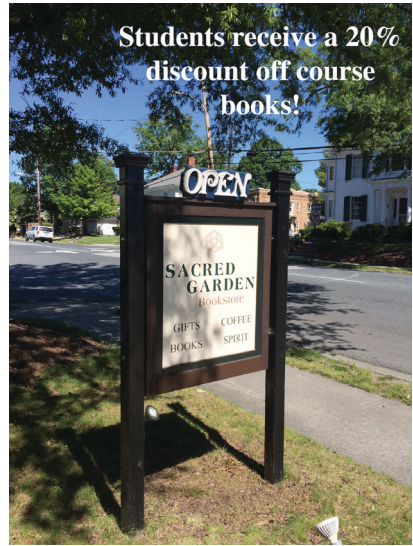
*Wi-Fi Available!*

215 W. Fisher Avenue  
Greensboro, NC  
336-544-1225  
bookstore@holy-trinity.com

## Hours:

Tues.–Thurs., 10 a.m.–5:30 p.m.  
Friday, 10 a.m.–3 p.m.  
Sunday, 10–11 a.m.

The Sacred Garden Bookstore is an ecumenical, sacred space open to everyone for conversation and connection, or for quiet reading and contemplation. The bookstore is an integral partner with the Servant Leadership School, handling course registrations and providing textbooks for all classes.



In addition, the store offers a variety of other books, gifts, and resources to support servant leadership and spiritual practices through the inward journey of faith and the outward journey of service.

Our adjacent café space, classrooms, and conference rooms are available to non-profits for meeting space for a small fee. If you would like to schedule one of our spaces for a group event or meeting, contact Patty Jennings at (336) 275-6149 ext. 236 or [patty@holy-trinity.com](mailto:patty@holy-trinity.com).



- DEVOTIONALS
- ENNEAGRAM
- SPIRITUAL PRACTICE
  - JOURNALS
  - LABYRINTH
  - ECOLOGY

- GRIEF
- ACTIVISM
- CHILDREN & YOUTH
- CELTIC SPIRITUALITY



- BIBLES
- GIFTS
- ART
- CARDS

# REGISTRATION INFO

## **COURSE LOCATIONS:**

Unless noted, classes will meet on the campus of Holy Trinity Episcopal Church, located at 607 N. Greene St., Greensboro, NC 27401. Registered students will receive a confirmation email prior to the start of their class with more specific location information and other details. The Servant Leadership School offices are located at 215 W. Fisher Ave., Greensboro, NC 27401.

Questions? Call us at (336) 544-1225 or email Ruth Anderson, Director, at [rdanderson@triad.rr.com](mailto:rdanderson@triad.rr.com).

## **TUITION & FEES:**

We rely on course fees, as well as the generosity of donors, to cover our basic operating costs. However, we make a conscientious effort to extend our offerings to anyone regardless of their economic situation. If you are able to pay more than the recommended fee, it will help to provide a scholarship for someone else.

## **TO REGISTER:**

- **In Person:** Come by the Sacred Garden Bookstore during normal business hours (see page 20), where you can enroll in your courses and pay by cash, check, or credit card. You can also go ahead and purchase your course books while you are there!
- **By Phone:** Call (336) 544-1225 to register and pay with a credit card.
- **By Mail:** Complete the form on the next page, tear it off, and mail it in with your check made payable to: The Servant Leadership School, 215 W. Fisher Ave., Greensboro, NC 27401.
- **Online:** Visit [www.servantleadergreensboro.com](http://www.servantleadergreensboro.com) to enroll in courses using our online form. After enrolling, you will need to pay tuition fees using one of the methods listed above.

To register for classes and retreats at Healing Ground, please visit their website at [www.healingground.org](http://www.healingground.org) or call (336) 644-0076.



# WINTER/SPRING 2018 REGISTRATION

## SERVANT LEADERSHIP SCHOOL OF GREENSBORO

(336) 544-1225 • WWW.SERVANTLEADERGREENSBORO.COM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: State: Zip: \_\_\_\_\_

Phone: (    ) \_\_\_\_\_ Email: \_\_\_\_\_

Are you on our mailing list? \_\_\_ Yes \_\_\_ No, please add me

Does your contact info need correcting or updating? \_\_\_ Yes \_\_\_ No

<b>WINTER/SPRING 2018 COURSES</b>	<b>TUITION</b>
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**Core Classes**

- |   |       |
|---|-------|
| [ ] Communion    Choose one: Tues. ___ Thur. ___    | \$90  |
| [ ] Compassion    Choose one: Tues. ___ Thur. ___   | \$90  |
| [ ] Communion & Compassion Together                 | \$160 |
| [ ] Call            Choose one: Tues. ___ Thur. ___ | \$90  |

**Companion Classes**

- |   |                            |
|---|----------------------------|
| [ ] Prayerful Yoga Session 1            | \$100                      |
| [ ] Prayerful Yoga Session 2            | \$100                      |
| [ ] Contemplative Prayer                | No fee but please register |
| [ ] Writing As an Act of Self Discovery | \$50                       |

**Saturday Workshops**

- |                                      |      |
|--------------------------------------|------|
| [ ] Spiritual Practice and the Brain | \$50 |
| [ ] Breath as a Pathway to Presence  | \$50 |
| [ ] Yoga and the Labyrinth           | \$10 |

**Weekend Workshops**

- [ ] Servant Leadership Weekend  
 Early Bird (by April 1) \$275. Regular rate \$350.  
 Enrollment limited to first 20 registrants with \$50 deposit.
- [ ] Breathing Beyond Grief: A Weekend Intensive  
 Early Bird (by Dec. 15) \$325. Regular rate \$375. \$520 if participant stays at Haw River in a room for two nights (includes meals). \$475 should two participants share a room (includes meals).

**Total Enclosed \$** \_\_\_\_\_

The Servant Leadership School of Greensboro  
215 West Fisher Avenue  
Greensboro, North Carolina 27401  
*on the campus of Holy Trinity Episcopal Church*

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